

- **Walk with AARP Age Friendly volunteers every Wednesday (10am Oct-April, 8am May-Sept) Paradise Park, 2745 Elementary Dr., Reno.** Meet some new friends and get some easy exercise in a great green space . Details at <https://events.aarp.org/renowalks>
- **Walk With A Doc** Join other AARP walkers and Dr. Ellia Ciammaichella, DO, for a gentle walk in Paradise Park, Q&A and talk on improving your health on **1/21 and 2/11 at 10am**. Meet at 2745 Elementary Dr, Reno. **Free T-shirt!** Details at: <https://events.aarp.org/renowalks>
- **AARP NV Teletown Hall** with a national expert presenting news on Healthcare Affordability-ACA & Medicare Changes – **Call in 1/29 at 11am 855 962 1446 to participate.**
- **Reno Town Market** – 1/28/26 2-5pm - Grumpy Old Men dance band, visit AARP info table; The **band** plays great songs of the 30's, 40's and '50s. Hear them every Wednesday 10:15am Reno Senior Center, 1155 E. Ninth St., Reno. Enjoy lunch and music! Make some new friends.
- **Ageless Repertory Theater** – Reno Little Theater, 147 E. Pueblo, Reno – Free – Talented senior actors perform well-known plays while reading them aloud; Visit AARP info table in the lobby. 1pm  
1/20, 1/23 – Chautauqua Presentation  
2/10, 2/13 – “Becky’s New Car” by Steven Dietz  
3/10, 3/13 – “Plaza Suite” by Neil Simon
- **Attend a Connections Central Conversation** to meet some new people in a small group setting and share stories in a meaningful conversation.  
Sparks Library on Fridays at 1pm (1/2, 2/13, 3/13, 4/10)  
South Valleys Library first Tuesdays at 1p and third Tuesdays at 12 at  
9<sup>th</sup> St Reno Sr Center first Tues at 2:30
- **AARP Reno/Sparks Chapter meetings** Third Thurs. at 11a. Buy your lunch at Denny's with your AARP discount and hear from a local speaker. Call Mary 775 772 4219
- **Smart Driver Courses – \$20 Fee – Register** [www.aarp.org/findacourse](http://www.aarp.org/findacourse), **888 773 7160**
- **Free monthly Retired Living Truth Series**, Reno-Sparks Convention Center, 775 432 6398 or <https://www.retiredlivingtruthseries.com/> Resource tables open at 9am, lectures 10a-12:30p  
1/16 “Travel Adventures for Every Budget & Ability”  
2/12 “Money, Choices & Peace of Mind”
- **Senior Resource Fair, 1/22 1-3p Neil Road Rec Ctr, 3925 Neil Rd, Reno**
- **Reno Seniors Free Dances - Line Dance classes** – Mon. & Wed 1:30p Evelyn Mount Center, 1301 Valley Rd; **Fun Friday Dance** with DJ, last Friday every month 1p, **ice cream at lunch** until 1:30p., **Line Dance Thursdays** 1-3:30p Washoe Sr Center 1155 E 9<sup>th</sup> St, Reno

**Find hundreds more activities and classes online at** <https://local.aarp.org/reno-nv/aarp-events> **or call 877 926 8300 for more information and to register for events. Contact AARP Nevada at** [AARPNV@aarp.org](mailto:AARPNV@aarp.org) **or call 866 389 5652.**